

# ICG ALL-TIME TOP 10

## SQUAT

### EQUIPPED

#	NAME	LIFT	CLASS	FED.	DATE
1	JIMMY KOLB	903.7	242	NAPR/RPS	03/03/13
2	NICK ROMAN	900.0	275	IPA	10/25/09
3	JAY BEDNAR	850.0	242	IPA	10/27/07
4	CHANE CLINE	805.0	SHW	RPS	06/15/13
5	MIKE PFABE	705.0	275	RPS	06/15/13
6	BRUCE MASON	665.0	242	UPA	12/03/11
7	NICK BAKER	625.0	220	IPA	04/12/08
8	DEAN PAGONIS	625.0	198	WNPF	02/16/14
9	TONY LEWITZKE	620.0	242	RPS	10/06/13
10	JED LEE	555.0	148	XPC	02/28/14

### RAW

#	NAME	LIFT	CLASS	FED	DATE
1	DAVID KEISER	765.0	275	RPS	04/19/15
2	MIKE PFABE	555.0	308	RPS	12/07/14
3	TONY LEWITZKE	525.0	275	RPS	08/23/14
4	TIM BAKER	515.0	242	WNPF	02/12/12
5	DEAN PAGONIS	465.0	198	RPS	10/06/13
6	ZACH MILLER	462.7	198	USAPL	06/27/09
7	JED LEE	430.0	148	XPC	03/06/15
8	CLAUDIA MORALES	385.0	198	RPS	12/07/14
9	WILLIS MCCOY	380.0	148	WNPF	02/12/12
10	JEFFREY BEGUE	375.0	242	WNPF	06/24/01

## BENCH PRESS

### EQUIPPED

#	NAME	LIFT	CLASS	FED.	DATE
1	JIMMY KOLB	950.0	242	XPC	02/28/14
2	JEFF PESHEK	755.0	308	NAPR/RPS	03/03/13
3	JEFFREY BEGUE	717.3	308	WABDL	07/18/09
4	JIM SMITH	685.0	275	IPA	10/25/09
5	CHANE CLINE	640.0	SHW	RPS	06/15/13
6	NICK ROMAN	625.0	275	IPA	10/25/09
7	D.J. WILLAMAN	608.4	SHW	WABDL	07/19/08
8	JAY BEDNAR	570.0	242	IPA	10/27/07
9	MIKE PFABE	565.0	275	RPS	06/15/13
10	TONY LEWITZKE	535.0	242	RPS	06/15/13

### RAW

#	NAME	LIFT	CLASS	FED	DATE
1	MARVIN BISHOP	556.5	SHW	WABDL	07/28/12
2	LONNIE ATKINS	485.0	SHW	WABDL	05/22/10
3	JIM SMITH	450.0	275	IPA	10/24/10
4	MIKE PFABE	450.0	308	RPS	08/23/14
5	MIKE MCHARGH	440.0	220	USAPL	03/03/13
6	DAVID KEISER	430.0	275	RPS	04/19/15
7	D.J. WILLAMAN	400.0	SHW	WNPF	02/20/11
8	JEFFREY BEGUE	375.0	242	WNPF	06/24/01
9	TONY LEWITZKE	370.0	275	RPS	08/23/14
10	ZACH MILLER	358.0	198	USAPL	06/27/09

## DEADLIFT

### EQUIPPED

#	NAME	LIFT	CLASS	FED.	DATE
1	NICK ROMAN	800.0	242	IPA	10/27/07
2	JAY BEDNAR	700.0	242	IPA	10/27/07
3	CHANE CLINE	661.2	SHW	WABDL	11/17/05
4	JIMMY KOLB	639.2	242	NAPR/RPS	03/03/13
5	NICK BAKER	575.0	220	IPA	04/12/08
6	JIM SMITH	565.0	275	IPA	10/25/09
7	BRUCE MASON	565.0	242	UPA	12/03/11
8	TONY LEWITZKE	562.0	275	NAPR/RPS	03/03/13
9	DOUG NOEBE	552.1	198	WABDL	11/04/11
10	WILLIS MCCOY	552.1	148	WABDL	05/11/13

### RAW

#	NAME	LIFT	CLASS	FED	DATE
1	DAVID KEISER	750.0	275	RPS	04/19/15
2	JIM SMITH	625.0	275	IPA	10/24/10
3	CHANE CLINE	610.0	SHW	WNPF	02/13/05
4	ZACH MILLER	600.7	198	USAPL	06/27/09
5	MARVIN BISHOP	555.0	SHW	IPA	03/05/11
6	NICK BAKER	551.0	242	WABDL	02/09/08
7	TIM BAKER	551.0	242	WABDL	06/05/10
8	MIKE MCHARGH	540.0	220	USAPL	03/03/13
9	MARVIN BISHOP	525.0	SHW	USAPL	03/26/11
10	JED LEE	523.5	181	WABDL	02/13/10

## FULL MEET

### EQUIPPED

#	NAME	LIFT	CLASS	FED.	DATE
1	JIMMY KOLB	2374.9	242	NAPR/RPS	03/03/13
2	NICK ROMAN	2300.0	275	IPA	10/25/09
3	JAY BEDNAR	2120.0	242	IPA	10/27/07
4	CHANE CLINE	2100.0	SHW	RPS	06/15/13
5	MIKE PFABE	1805.0	275	RPS	06/15/13
6	TONY LEWITZKE	1700.0	242	RPS	06/15/13
7	BRUCE MASON	1660.0	242	UPA	12/03/11
8	DEAN PAGONIS	1580.0	220	WNPF	02/17/13
9	JEFFREY BEGUE	1555.0	275	WNPF	07/18/10
10	NICK BAKER	1540.0	220	IPA	04/12/08

### RAW

#	NAME	LIFT	CLASS	FED	DATE
1	DAVID KEISER	1945.0	275	RPS	04/19/15
2	MIKE PFABE	1480.0	308	RPS	12/07/14
3	ZACH MILLER	1421.4	198	USAPL	06/27/09
4	TONY LEWITZKE	1415.0	275	RPS	08/23/14
5	TIM BAKER	1350.0	242	WNPF	02/20/11
6	DEAN PAGONIS	1275.0	198	RPS	10/06/13
7	JED LEE	1205.0	148	XPC	03/06/15
8	JEFFREY BEGUE	1200.0	242	WNPF	06/24/01
9	WILLIS MCCOY	1105.0	148	WNPF	02/12/12
10	JIM SMITH	1075.0	275	IPA	10/24/10

\* THE ICG TOP 10 LISTS ARE FOR SANCTIONED LIFTS ONLY \*